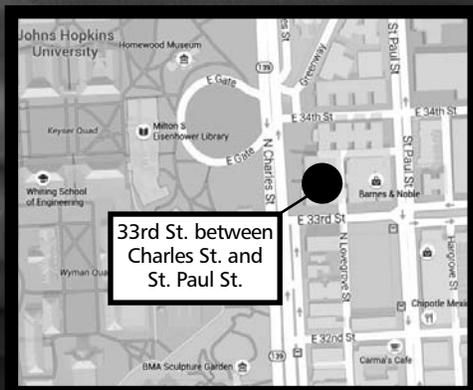


Baltimore City Child Care Resource Center presents



The Baltimore City Children's

Emotional Wellness Conference



Saturday, November 3, 2018

8:00am — 5:00pm

**Johns Hopkins University Homewood
Charles Commons Conference Center**

**A total of .3 CEUs (6 Core of Knowledge
hours) awarded for the day**



Baltimore City Child Care Resource Center presents
The Baltimore City Children's Emotional Wellness Conference:

Promoting Resilience in Young Children

Date: Saturday, November 3, 2018
Time: 8:00am - 5:00pm
**2 Hours Special Needs, 2 Hours Child Development,
1 Hour Community, 1 Hour Professionalism**
Location: Johns Hopkins University Homewood,
Charles Commons Conference Center

Registration Fee Includes Continental Breakfast, Lunch and Materials

8:00am - 8:50am Registration and Continental Breakfast
9:00am - 11:15pm Keynote and General Session
11:15am - 12:15pm Lunch
12:30pm - 2:30pm Breakout Workshops
2:45pm - 4:45pm Breakout Workshops
8:00am - 4:00pm Resource Tables (Child Care Associations, Early Intervention, LOCATE Child Care, other community partners.)

GENERAL SESSION: 9:15 AM – 11:15PM

Promoting Resilience in Young Children Exposed to Adversity: The Role of Early Care and Education

In this keynote presentation, Dr. Brenda Jones Harden will focus on the benefits of early care and education for children exposed to early adversity. Specifically, the presentation will address the role of early care and education providers in promoting resilience in young children experiencing adversity. Current evidence has underscored the impact of early adversity on a host of developmental outcomes for young children, as well as later indices of health, mental health, and life course well-being. Early childhood interventions have been found to ameliorate the effects of early adversity on children's outcomes, including home visiting and parenting programs, as well as early care and education.

Goal: To increase the knowledge of early care and education providers about their role in supporting positive outcomes for children exposed to early adversity.

About Dr. Brenda Jones Harden: Brenda Jones Harden is a Professor in the Department of Human Development and Quantitative Methodology, University of Maryland College Park, where she teaches in the early childhood education and development program. She has worked over thirty-five years in the early childhood policy, practice, and research arenas.

Her research examines the developmental and mental health needs of young children at environmental risk, particularly those who have been exposed to trauma or other forms of adversity. She is the author of numerous publications regarding vulnerable children and families, including factors that promote resilience in these children. She also has conducted numerous implementation and impact evaluations of early childhood and prevention programs, and is currently conducting evaluations of an Early Head Start – child care partnership initiative and of a preschool expansion program.

Dr. Jones Harden received the doctoral degree in developmental and clinical psychology from Yale University, and the Master in Social Work degree from New York University.

BREAKOUT WORKSHOPS: 12:30PM-2:30PM AND 2:45PM-4:45PM

Choose two of the four sessions

#1 Adverse Childhood Experiences (ACES) and the Effects on the Developing Brain

Joyce Harrison M.D., and Naketta Lowery, CFLE, COS,

This workshop will center on the original ACES study and the research that has taken place to understand the negative impact of adverse childhood experiences and human development – both physical and mental. Strategies to promote resiliency and protective systems within the child care setting will be discussed.

Goal: Participants in this workshop will be able to identify at least five health or social problems that are linked to ACE and describe at least three core protective systems that promote resiliency..

About the Presenters: Joyce Harrison M.D. is a child psychiatrist and assistant professor in the Division of Child Psychiatry at Johns Hopkins. Her focus has been preschool psychiatry and community-based services. She developed Preschool Clinical Programs on the Bayview campus, and served as Medical Director of the Child Psychiatry Community Programs, including the Children's Mental Health Center, on Hopkins' East Baltimore campus. She is currently the Medical Director of Maryland BHIPP (Behavioral Health Integration in Pediatric Primary Care) and is also a staff psychiatrist at Kennedy Krieger where she is part of the Preschool Interdisciplinary Clinic.

Naketta Lowery, CFLE, COS, is the Training and TA Coordinator at The Family Tree and is an internationally certified Family life educator, coach, *Circle of Security Parenting*[®] facilitator. With over 10 years of experience in group dynamics & cohesion, she has trained within the higher education system, foster care system, judicial system, faith-based community, & various government agencies. Ms. Lowery studied Family Science & Community Development at Towson University & Social Work at Morgan State University's School of Graduate Studies where she focused on Public Health.

**#2 Understanding Adversity, Trauma, and Resilience:
Developing a Trauma Informed Approach in the Early Childhood Setting**

Kay Connors, LCSW-C

In this workshop participants will learn how build relationships and environments that buffer the negative effects of toxic stress so that child can feel safe, loved, and excited to learn and grow.

About the Presenter: Kay Connors, LCSW-C, is the Co-Director of the Center of Excellence for Infant and Early Childhood Mental Health and the project director for the Family Informed Trauma Treatment Center at the University of Maryland School of Medicine, and has over 30 years of experience working with traumatized children and their families. Ms. Connors has provided mental health treatment to children and families in a variety of settings and has directed programs, supervised staff, participated in outcome research as well as trained trainees and audiences locally and nationally in infant and early childhood and trauma treatments.

#3 Understanding the Need to Support the Childcare Workforce

Margo Candalaria Ph.D., and Kate Wasserman, MSW, LCSW-C

In this workshop presenters will review current and new science behind the stress and needs of children and families currently engaged in childcare, as well as an overview of how stress and trauma impacts the children in care, the parents and families they live with, and the workforce serving them. Presenters will also give an overview of reflective practice techniques to support those engaged and committed to this work.

Goal: Participants will be able to identify three reflective practice techniques and articulate strategies to combat burnout by engaging in reflective practice.

About the Presenters: Margo Candalaria Ph.D. is a child psychologist with a longstanding special interest and expertise in early parent child behavioral and mental health issues. She is currently on faculty at the University of Maryland Medical Center where she works at the Center for Innovation and Implementation. She is actively engaged in research and program development across the state of Maryland that seeks to improve mental health services to young children and their families.

Kate Wasserman, MSW, LCSW-C, serves as a Senior Clinician at the University of Maryland Center for Infant Study, where she provides outpatient mental health treatment for young children under the age of six and their families with emotional and behavioral concerns due to maternal-infant attachment issues, intimate partner violence and other family traumas, and postpartum depression. Kate has a master's degree from the University of Maryland's School of Social Work, where she focused on maternal and child mental health, and is a licensed mental health provider within the state of Maryland.

#4 Promoting Resilience through the Strengthening Families Parent Café Model

Sue Penix, and Sandy Gold Raynes

In this interactive session participants will be introduced to the Strengthening Families Protective Factors and the Parent Café Concept for promoting resilience. Participants will also engage in a mini-parent café and learn how this program can be used as a tool for family engagement.

Goal: Participants will be able to identify and define the five Protective Factors and articulate the framework for a parent café.

About the Presenters: Sue Penix is the infant and Toddler Specialist at Baltimore City Child Care Resource Center as well as a nature based pre-school education expert. Sue was one of the first to be trained in the Strengthening Families Model when it was introduced in Maryland and has participating in numerous parent cafes.

Sandy Gold Raynes is the Assistant to the Education Director for St. Vincent DePaul Head Start as well as an MSDE Trainer. Sandy has been involved with the Strengthening Families model since the introduction in Maryland.

**IMPORTANT: In order to adhere to Conference Guidelines,
Conference Certificates will be mailed to participants.**



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Baltimore City Children's Emotional Wellness Conference

BCCCRC
1001 Eastern Avenue, 2nd Floor
Baltimore, MD 21202

Remember to register early!

Important Registration Information:

- Registration fee is \$20 and includes Continental breakfast, lunch, and materials. Payment must accompany registration.
- Registration deadline is October 19, 2018. **Registration by mail or online at bccrc.org. No telephone registrations accepted.**
- **Important registrations are done on a first come/first serve basis.**
- Walk-in registration will not be permitted on the day of the conference.
- **No refunds will be issued and the registration fee is non-transferable to another person or class.** There will be a \$25 service fee for returned checks.
- Register by name, not agency or center.
- Complete a registration form for each individual attending. Form may be copied.
- Appropriate accommodations for individuals with disabilities will be provided upon request. Ten business days notice prior to the event is requested.
- Confirmation notices and location directions will be sent **two weeks prior to the conference.**